

# DRUG CARD

Lactulose

Kristalose

Generic Name

Trade Name

Pharmacologic Class: • Osmotic

Therapeutic Class: • Laxative

**Action:** draws water into the stool and softens stool, inhibits ammonia passing into the colon

**Indication:** • Constipation  
• Portal-systemic encephalopathy

Reason Given (Disease States): \_\_\_\_\_

## Nursing Process

Pre-Administration Assessment:	Post Administration Evaluation:	<b>Nursing Considerations:</b> <ul style="list-style-type: none"><li>• Use caution with DM</li><li>• May cause cramps, abdominal distention, hyperglycemia</li><li>• Assess mental status, ammonia levels, abdominal distention</li><li>• Patient should average 2-3 bowel movements per day</li></ul>
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Other: \_\_\_\_\_  
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