

DRUG CARD

Alendronate

Fosamax

Generic Name

Trade Name

Pharmacologic Class: • Bisphosphonates

Therapeutic Class: • Bone resorption inhibitor

Action: Inhibits osteoclast activity leading to inhibition of resorption of bone

Indication: Osteoporosis (aging, menopause, corticosteroid induced)

Reason Given (Disease States): _____

Nursing Process

Pre-Administration Assessment:	Post Administration Evaluation:	Nursing Considerations: <ul style="list-style-type: none">• Take first thing in the morning with full glass of water 30 min prior to eating• Assess serum calcium and vitamin D• May lead to muscle pain
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Other: _____

