

(ENURESIS / BEDWETTING) NURSING CARE PLAN

Medical Diagnosis: Enuresis / Bedwetting

Subjective Data:	Nursing Intervention (ADPIE)	Rationale
<ul style="list-style-type: none"> • Repeat bedwetting • Wetting twice a week for 3 months or more • Anxiety • Pain with urination • Abdominal pain 	Perform physical assessment, noting signs of rash or irritation of the genital area	Skin irritation may cause a child to hold urine if there is pain with voiding. Observe for signs of sexual abuse.
	Collect sample and monitor results for urinalysis	To determine if a urinary tract infection is the cause of symptoms
	Assess abdomen. Palpate for distended bladder or signs of constipation.	Chronic constipation can be a factor in causing enuresis. A large mass of stool in the colon puts pressure on the bladder, which may lead to a diminished ability to control urine or a decreased capacity to hold urine.
Objective Data: <ul style="list-style-type: none"> • Small sized bladder • Blood or mucus in urine 	Provide education and resources for parents	Provide referrals as appropriate for behavioral health or urology specialists if necessary.
	Administer medication as appropriate	Antibiotics for UTI; Desmopressin to slow urine production