

NURSING CARE PLAN (AUTISM SPECTRUM DISORDER)

Medical Diagnosis: Autism Spectrum Disorder

Subjective Data:	Nursing Intervention (ADPIE)	Rationale
<ul style="list-style-type: none"> • Difficulty sleeping • Irritability • Rarely showing enjoyment of objects or activities 	Perform nursing assessment progressively and slowly.	Begin slowly with visual inspection and progress through assessment as the child begins cooperating. Fast movements can cause anxiety and fear.
	Talk with the patient about their interests	Evaluate communication abilities and develop rapport and trust.
	Administer medications appropriately as required	There are no medications to treat ASD, but some may be required to treat symptoms such as anorexia, inability to focus, depression, and seizures.
Objective Data: <ul style="list-style-type: none"> • Failure to make eye contact • Overly focused interest in specific topics • Increased or decreased sensitivity to light, noise, touch, and temperature • Sing-song voice • Detailed memory 	Review diet and eating habits and recommend foods and food presentations that may make healthy choices more appealing.	Children with ASD often have aversions to food based on color, shape, or texture. Offering creative presentation ideas or ways of preparing foods may make them more interesting.
	Sit down or position yourself near the patient's eye level.	Patients may not make eye contact, but may often feel apprehensive about others standing over them. Being at eye level helps ease anxiety and build trust.