

NURSING CARE PLAN (INFECTIVE CONJUNCTIVITIS/PINK EYE)

Medical Diagnosis: Infective Conjunctivitis/Pink Eye

Subjective Data:	Nursing Intervention (ADPIE)	Rationale
<ul style="list-style-type: none"> • Itching of the eye(s) • Pain in the eye(s) • Sensitivity to light 	Assess eyes and vision Assess for signs of ear infection	The common signs of pink eye are erythema and clear or purulent discharge. Vision loss is not typical but may be distorted or blurred. Otitis media is a common co-infection and symptoms may overlap.
	Assess vitals	Determine baseline and help determine if there is an underlying systemic infection. Pink eye usually does not present with a fever.
	Use proper PPE and disinfect all equipment per facility protocol	Bacterial and viral conjunctivitis are spread through contact. Disinfect all equipment to prevent cross-contamination from other patients.
Objective Data: <ul style="list-style-type: none"> • Disproportionately long arms, legs and fingers • Tall and thin body type • Curved spine (scoliosis) 	Obtain history from patient and parents, depending on the patient's age	Determine if others in the home have similar symptoms. Isolate the patient from these family members. Does the patient attend school or daycare where it is easy to pick up germs and bacteria? How long has the patient had symptoms?
	Educate on home care	<ul style="list-style-type: none"> • Apply a warm compress over the eye. Make sure the compress is moist and warm (not hot) to help relieve discomfort. • Instill drops and apply ointments to eyes as necessary. Administer medications as required • Antibiotic drops or ointments are used to treat bacterial infections. Antihistamines, decongestants, and steroids may also be given to relieve symptoms. • Avoid rubbing the eye(s) • Clean eye discharge with a tissue (dispose of carefully) • Do not share towels or clothing with others • Teach parent to instill eye drops or apply ointments at home for continued treatment
	Encourage patient to remain home from school or daycare for approximately 7 days	Pink eye infections are highly contagious and easily spread through contact. Isolating the patient from other children will prevent the continued spread of the illness.