

NURSING CARE PLAN

Patient Name: John Example		Medical Diagnosis: Pneumonia			
Sex: M	Age: 61	TEMP: 102° F	BP: 124/86	Nurse: Kim Sample	
Height: 5' 11"	Weight: 74.84 kg	RR: 24	SPO2: 87%	HR: 108	Date Admitted: 01/08/2021

Assessment	Diagnosis	Plan / Outcomes	Implementation	Evaluation
<p>Subjective Data:</p> <p>Dyspnea</p> <p>Altered Mental Status (AMS)</p>	Oxygen exchange is not effective	Walk and change positions	Encourage ambulation and position changes	Goal met. Patient ambulated 3 times a day and changed position often
<p>Objective Data:</p> <p>Elevated WBC 15,000 /mm³</p> <p>Temp 102° F</p> <p>SpO₂ 87%</p>		<p>Receive antibiotics, expectorants, and fluids</p> <p>Improve mental and respiratory status</p> <p>Understand education</p>	<p>Administer medications as prescribed</p> <p>Assess mental and respiratory status</p> <p>Educate patient on diagnosis, incentive spirometry, and coughing/deep breathing</p>	<p>Goal met. Patient took medications</p> <p>Goal met. Mental and respiratory status returned to baseline</p> <p>Goal met. Patient taught back information</p>