

MDI & SPACER ADMINISTRATION



Using a Mask

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MDI & Spacer Instructions

- Check expiration date
- Shake MDI
- Insert MDI into spacer
- If using a mask, place mask firmly over the patient's face to create seal
 - If using only the spacer, have patient place mouth around spacer to create a seal
- Spray one puff into spacer
- Instruct patient to breathe in and out slowly
- Repeat as ordered
- Have patient rinse mouth with water when finished to reduce likelihood of thrush

Common Issues with Ineffective MDI & Spacer Use

- More than 1 puff sprayed into spacer
- Child breathing too fast
- Forgetting to shake inhaler
- Not using a spacer (due to patient embarrassment)