

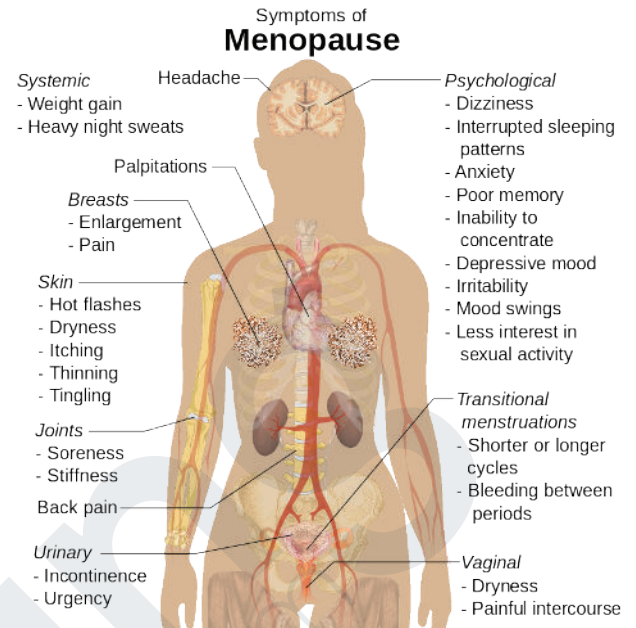
MENOPAUSE PATHOCHART

PATHOPHYSIOLOGY

Menopause is a normal, expected, and irreversible condition associated with aging in women, caused by a natural decline in reproductive hormones that marks the end of a woman's reproductive period.

ASSESSMENT FINDINGS

- Hot flashes (most common)
- Insomnia
- Weight gain, bloating
- Mood changes, depression
- Breast pain, headaches
- Osteoporosis



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DIAGNOSTICS

- Estrogen levels
- Follicle Stimulating Hormone Levels

NURSING PRIORITIES

- Promote comfort
- Encourage coping

THERAPEUTIC MANAGEMENT

- Hormone replacement therapy
- Symptom management

MEDICATION THERAPY

- Estrogen
- Progesterone