

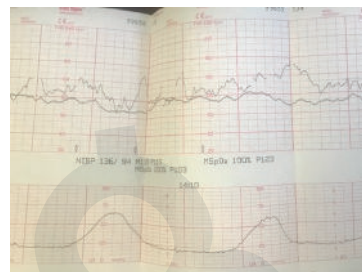
# FETAL HEART RATE MONITORING

Comparing fetal heart rate response (top waveform) to maternal contractions (bottom waveform) can give us information about the stability of the fetus during labor.

Use the mnemonic VEAL-CHOP to remember the significance of findings.

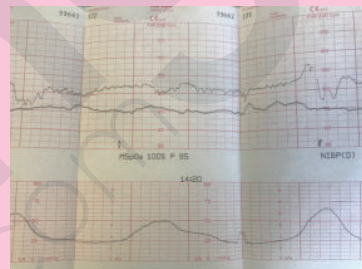
## Variable = Cord Compression

**Interventions:** Reposition, provide oxygen  
continue to monitor



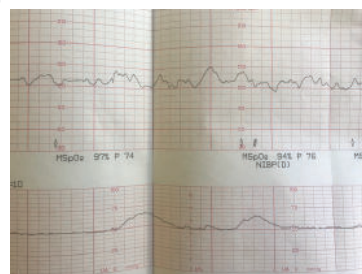
## Early Decelerations = Head Compression

**Interventions:** Check cervix, may be ready for delivery



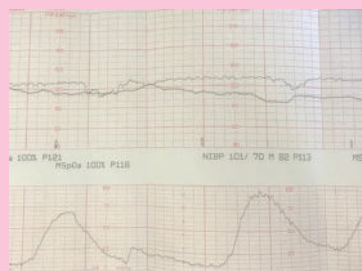
## Accelerations = Okay

**Interventions:** None needed, continue to Monitor



## Late Decelerations = Placental Insufficiency

**Interventions:** Reposition, give oxygen, may need  
emergent delivery (OR)



## Poor Variability = Sleepy Baby

**Interventions:** Try to wake baby, give mom juice,  
monitor closely

