

The Core Content Mastery Method

How To Use It Throughout Your Nursing Journey

C

CONTENT

- Find the MOST important information
- Prioritize
- Use your resources

O

ORIGINS

- Go back to Anatomy and Physiology
- What are we talking about?
- Ask "Why?"

R

REALITY

- Linchpin
- Case Studies
- Acute v. Chronic v. Exacerbation

E

EXPERIENCE

- Context
- The Patient's Experience
- YOUR Study Experience Matters

These things can help you be a more effective and successful student!

EXAMPLE: Heart Failure

C

CONTENT

what are the most important topics to focus on?

O

ORIGINS

what is the essential patho behind heart failure?

R

REALITY

What is the Linchpin?
ONE sentence you can build around!

E

EXPERIENCE

What does this patient look and feel like?