SOCK METHOD FOR LEARNING PHARM



SIDE EFFECTS:

• Focus on life threatening side effects that effect major organs and contradict therapy View 140 Must Know Meds and MedMaster Course for help.



ORGANS:

 Start with a macro understanding of A&P and focus on meds, side effects, and considerations that deal with major organ systems.



CLASS/CONSIDERATION/CARDS:

 Focus on pharmacological classes, nursing considerations that impact ABCs and major organs. and use the NRSNG Drug Card Template.



MUST KNOW:

 You can't learn every medcation, Focus on the most prescribed. Use NRSNG cheatsheets to help with this and develop your own list based on where you work.

