

BREASTFEEDING LATCH SCORE

		0	1	2
L	Latch	Sleepy/Unable to latch	Repeated attempts, but attaches occasionally	Wide Awake/Grasps breast well
A	Audible Swallowing	No audible swallowing	Few audible swallows	Audible swallowing heard
T	Type of Nipple	Inverted	Flat	Everted
C	Comfort (of the breast)	Cracking/Bleeding	Bruising	Non-Tender
H	Hold	Requires complete assistance holding	Requires minimal assistance	Requires no assistances

- The LATCH score allows for you, the nurse, to assess how successful breastfeeding will be for both mom and baby.
 - Give a score for each category
 - Example: A baby that is wide awake and attaches to the breast well receives a value of "2" for the category of "Latch"
 - Add all values
 - Highest value of scoring is 10
 - Lowest value is 0