

MATERNAL RISK FACTORS

GENETIC & ENVIRONMENTAL FACTORS

- Genetic Disease
 - Risk of passing disease to offspring
- Abuse and Violence
 - Risk of injury to mother or fetus
- Nicotine, Drugs and Alcohol
 - Risk of fetal dependence to substance
 - Risk of injury or illness to fetus
- Sexually Transmitted Infections
 - May be transmitted to fetus
- Mental Illness
 - Can worsen during or after pregnancy

FACTORS DUE TO DISEASE

- Cardiac Risks
 - Increased workload to heart due to volume
 - Can be problematic for pregnant patients with pre-existing heart conditions
- Diabetes
 - Risk for hormone imbalances or difficult diabetes management
 - Risk for macrosomia (large baby)
- Underweight, Overweight or Obesity
 - Puts fetus at risk for developmental concerns due to poor nutrition
- Thyroid Disorders
 - Increased risk for miscarriage and stillbirth
- Young or Advanced Age
 - Patients under 20 or over 35 are at greater risk for potential complications to both pregnant patient and fetus
- Poverty
 - Risk for inadequate care due to lack of resources