GLUCOSE MONITORING TIPS



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Patient Conditions for Glucose Monitoring

- Diabetics
- Surgical patients
- Infection
- Trauma

CBG Pro-Tips

- 1. Swab site with alcohol
- 2. Let dry
- 3. Prick skin to obtain blood
- 4. Wipe away FIRST droplet of blood
- 5. Test SECOND droplet of blood

Hyperglycemia Symptoms

- Hot, dry skin
- Rapid respirations
- Fruity breath
- Alert to confused mental status
- Poor skin turgor
- Tachycardia

Hypoglycemia Symptoms

- Cool, clammy skin
- Diaphoresis (sweating)
- Normal respirations
- Anxious, nervous mental status
- Weakness
- Double vision
- Hunger
- Tachycardia

