

# CPR OVERVIEW

## 1) Patient found unconscious

- a) Try to rouse patient (yell and shake)
- b) Check pulse (MAX 10 seconds)

## 2) NO Pulse

- a) Call for help
- b) IMMEDIATELY begin chest compressions at 100-120 beats/min
- c) Call for AED/Crash cart

## 3) CPR cycles

- a) 2 minute cycles
- b) 30 compressions, then 2 breaths
- c) At the end of cycle, check a rhythm and pulse

## 4) If shock is advised:

- a) Continue compressions until defibrillator is ready to deliver shock
- b) CLEAR PATIENT BEFORE DELIVERING SHOCK
- c) Immediately resume compressions

## 5) Continue until advanced help arrives

- a) ACLS providers will take over to provide higher level CPR care
- b) Advanced Airway will be placed by providers

**Always refer to the most recent AHA guidelines**