

FRACTURE MANAGEMENT

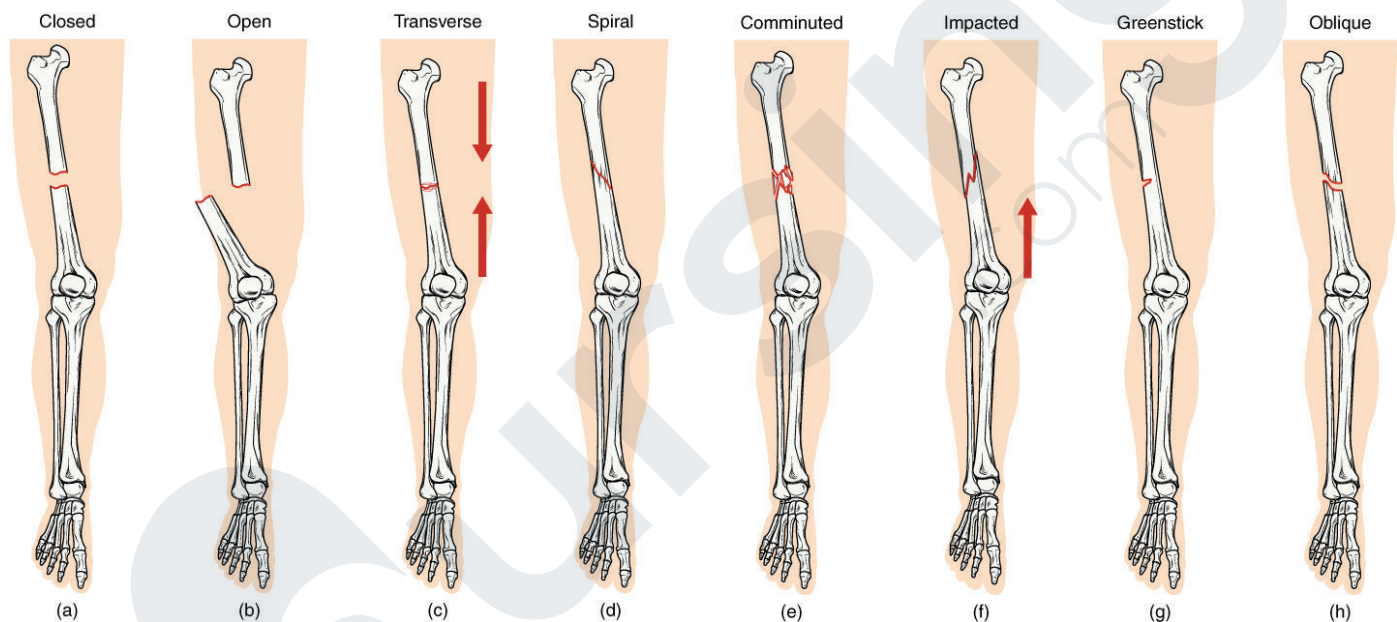
Strain - excessive stretching of muscle

Sprain - excessive stretching of ligament

TREATMENT

RICE - Rest, Ice, Compression, Elevation

TYPES OF FRACTURES



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TRACTION

Buck's Traction - force applied to splint

Skeletal Traction pin through bone to hold weight

- Force in opposite direction
- Realign & immobilize fracture
- Traction weights:
 - Hang freely
 - Do not remove without order
 - Support weight when moving patient

MONITOR FOR COMPLICATIONS

- Fat Embolism
- Compartment Syndrome