

APGAR SCORING

APGAR Score

Appearance		1 Minute	5 Minutes
Pink torso and extremities	2		
Pink torso, blue extremities	1		
Blue all over	0		
Pulse		1 Minute	5 Minutes
> 100	2		
< 100	1		
Absent	0		
Grimace		1 Minute	5 Minutes
Vigorous cry	2		
Limited cry	1		
No response to stimulus	0		
Activity		1 Minute	5 Minutes
Actively moving	2		
Limited movement	1		
Flaccid	0		
Respiratory Effort		1 Minute	5 Minutes
Strong loud cry	2		
Hypoventilation, irregular	1		
Absent	0		
Total:			

8-10 normal, 4-6 moderate depression, 0-3 aggressive resuscitation