

HEAD TO TOE ASSESSMENT

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HEAD

- Inspect head-size; shape-still; upright; symmetric round; erect, midline, no lesions-hard, smooth

FACE

- Symmetry, features, expression, skin - sinuses
- temporal Artery
- temporomandibular joint (have client open mouth)

CARDIAC

- Heart rate
- Apical pulse
- Heart Sounds
- LUBB, DUBB
- APTM

ABDOMEN

- Bowel sounds
- Inspect abdominal area - flat, distended, concave, convex
- Palpate area in little circles along with percuss organs

LEG

- Edema

EYES

- Perra-pupils, equal, round reactive, light, accommodation eyelids, eyelashes

NOSE

- External and internal nose, airflow

MOUTH

- Check tonsils
- Check tongue
- Check gums
- Teeth, lips
- Moist pink mucous membrane

LUNGS

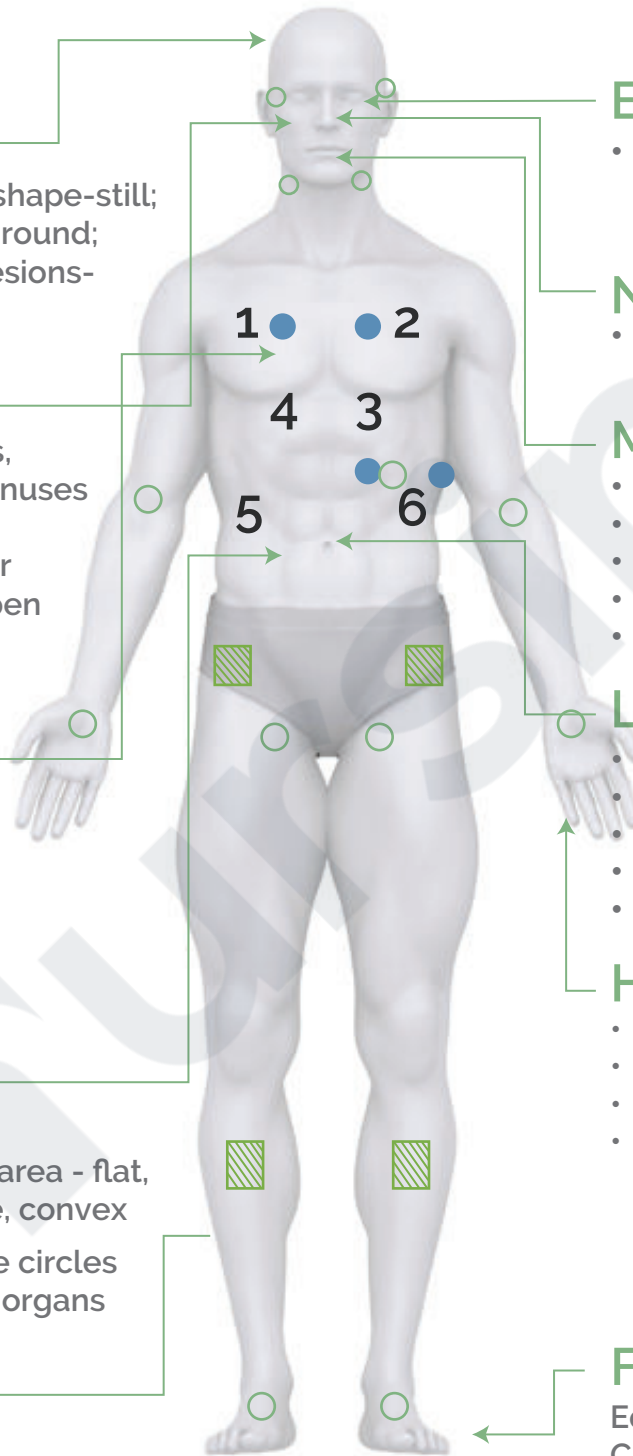
- Inhale, Exhale Phase
- Breath Sounds
- Equality In Both Lungs
- RR, Depth Character
- Accessory Muscle Use

HANDS

- Check radial pulses
- Check capillary refill
- Check edema
- Check nail beds
 - Shape
 - Texture
 - Color marking
 - Cleanliness

FEET

- Edema
- Check pedal pulses
- Check capillary refill



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