

CHEST PAIN IDENTIFICATION

CAUSE	PROVOCATION	QUALITY	REGION	SEVERITY	TIMING	SIGNS/SYMPTOMS	TREATMENT
ANGINA	<ul style="list-style-type: none"> - Exertion - Stress - Cold - Smoking 	<ul style="list-style-type: none"> - Heavy pressure - Tightness - Dull ache 	<ul style="list-style-type: none"> - Substernal - Radiation to jaw, arms, neck, abdomen 	<ul style="list-style-type: none"> - Mild to severe 	<ul style="list-style-type: none"> - Gradual or sudden onset - <5 min but may last up to 15min 	<ul style="list-style-type: none"> - Tachycardia - Dyspnea - N/V - Diaphoresis - Anxiety - ST-T wave changes 	<ul style="list-style-type: none"> - Rest - Oxygen - Nitro - Calcium Channel Blocker
ACUTE MI	<ul style="list-style-type: none"> - Stress - Lifestyle change 	<ul style="list-style-type: none"> - Similar to angina - Pressure on chest - Clinched fist over chest 	<ul style="list-style-type: none"> - Substernal - Radiation to jaw, arms, neck, abdomen 	<ul style="list-style-type: none"> - No symptoms to severe 	<ul style="list-style-type: none"> - Sudden onset - >30min up to 2 hours 	<ul style="list-style-type: none"> - Tachycardia - Dyspnea - N/V - Diaphoresis - Anxiety - Impending doom - T wave inversion, ST elevation - S4 	<ul style="list-style-type: none"> - MONA - Fibrinolytics or percutaneous coronary intervention
PULMONARY EMBOLISM	<ul style="list-style-type: none"> - Venous stasis - Hypercoagulability - Vascular injury 	<ul style="list-style-type: none"> - Sharp - Shooting - Deep - Worsened with inspiration 	<ul style="list-style-type: none"> - Substernal or lateral chest - Radiates to shoulder and neck 	<ul style="list-style-type: none"> - Mild to severe 	<ul style="list-style-type: none"> - Sudden onset lasting minutes to hours 	<ul style="list-style-type: none"> - Tachycardia - Tachypnea - Dyspnea - Anxiety - Hemoptysis - Fever 	<ul style="list-style-type: none"> - Narcotics - High Fowler's - Chest Splinting - Thrombolytics
PNEUMOTHORAX	<ul style="list-style-type: none"> - Chest trauma - Excessive tidal volume or PEEP with mechanical ventilation - Bleb 	<ul style="list-style-type: none"> - Sharp tearing - Exacerbated by breathing 	<ul style="list-style-type: none"> - Lateral chest with radiation to shoulder, arms, back 	<ul style="list-style-type: none"> - Mild to severe 	<ul style="list-style-type: none"> - Sudden onset lasting hours to days 	<ul style="list-style-type: none"> - Tachypnea - Tachycardia - JVD - Anxiety - Diminished breath sounds - Tracheal deviation - Hyperresonance - Dyspnea 	<ul style="list-style-type: none"> - Narcotics - Chest tube