ANGINA

Chest pain resulting from inadequate blood flow to heart muscle. Most common cause is coronary artery disease (CAD). Other causes include anemia, heart failure, abnormal rhythms.

	STABLE	UNSTABLE	VARIANT
ONSET	Exertion/Stress	Rest/Exertion/Stress	Typically at Rest
PREDICTABLE	Predictable	Unpredictable	Unpredictable
DURATION	<5 min	Up to 30 min	Varies
RESOLUTION	Rest or Nitro	May Resolve with Nitro	May Resolve with Nitro



ASSESSMENT		
Pain		
Dyspnea		
Pallor		
Sweating		
Tachycardia		
Syncope		
HTN		

DIAGNOSIS
EKG
Stress Test
Cardiac Biomarkers
Cardiac Cath

INTERVENTIONS	
PAIN: provide rest and administer nitro as prescribed	
O2: provide supplemental oxygen to the patient	
12 LEAD EKG: obtain 12 lead ekg	
REST: maintain bed rest to reduce O2 demands	
ASSESS: assess vital signs and pain	

