

HEMODYNAMIC VALUES

^ METHODS TO ELEVATE PARAMETER

v METHODS TO DECREASE PARAMETER

CARDIAC OUTPUT
CO=HR*SV (4-8L/min)

BLOOD PRESSURE
CO*SVR

HEART RATE
60-100 bpm

STROKE VOLUME
60-120 mL/beat

- ^ Treat cause, parasympatholytic (Atropine), sympathomimetic (Epinephrine), pacemaker
- v Treat cause, antidysrhythmics, Vagal electrical therapy

PRELOAD
PAOP, CVP

CONTRACTILITY

AFTERLOAD
SVR

- ^ Fluids, blood
- v Venous vasodilators, diuretics ace inhibitors, ARBs

- ^ Cardiac glycosides, Sympathomimetics
- v Beta blockers, Ca channel blockers

- ^ Vasopressors
- v Arterial vasodilators, ACE inhibitors ARBs, IABP

KEY HEMODYNAMIC VALUES (WITH EQUATIONS)

Cardiac Output (CO)	HR x SV	4-8 L/min
Cardiac Index (CI)	CO/BSA	2.5-4 L/min/m ²
Central Venous Pressure (CVP)		2-6 mmHg
Mean Arterial Pressure (MAP)	SBP+(2xDBP)/3	70-100 mmHg
Stroke Volume (SV)	EDV - ESV	60-120 ml/beat
Stroke Volume Index (SVI)	SV/BSA	30-65 ml/m ² /beat
Pulmonary Artery Occlusion Pressure (PAOP)		8-12 mmHg
Systemic Vascular Resistance (SVR)	[MAP-RAP) x 80]/CI	800-1400 dynes/sec/cm ⁻⁵
Central Venous Oxygen Saturation (ScvO ₂)		65-85%
Oxygen Delivery (DO ₂)	CO x CaO ₂ x 10	900-1100 ml/min