

# SOCK METHOD FOR LEARNING PHARM

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## **SIDE EFFECTS:**

- Focus on life threatening side effects that effect major organs and contradict therapy View 140 Must Know Meds and MedMaster Course for help.

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## **ORGANS:**

- Start with a macro understanding of A&P and focus on meds, side effects, and considerations that deal with major organ systems.

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## **CLASS/CONSIDERATION/CARDS:**

- Focus on pharmacological classes, nursing considerations that impact ABCs and major organs. and use the NRSNG Drug Card Template.

**K**

## **MUST KNOW:**

- You can't learn every medication, Focus on the most prescribed. Use NRSNG cheatsheets to help with this and develop your own list based on where you work.